



# THE TIMES OF INDIA

## Mumbai Time

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Rashmi Uday Singh

### MORE DELICIOUS DISCOVERIES

Please take a look at the accompanying photograph (shot amidst mountains, an hour's drive from Paris.) I've shot it on this snowy morning after having just taken an invigorating dip in the outdoor hot Norwegian tub. Had a delicious, organic breakfast (with the homemade jams on freshly-baked yeasty bread). It's all part of "Echo", the philosophy of well-being, which runs through its beauty and lifestyle organic products and food in Chateau de Sacy, this beautiful castle on a hill in the midst of vineyards. Chef Nicolas Cristoforetti infuses his cuisine with the culinary richness of the Champagne district. And the lovely Tiphaine Brossier ensures a seamless experience. I get high on this whole new aspect of wellness as I do on nature, art, history, culture and of course, champagne. After all, I'm reporting from France's Champagne district, where not only is the king of wines and the wine of kings made, but where 33 French kings were crowned in the UNESCO heritage jewel of a gothic cathedral. Sante!



**Chateau de Sacy's organic and delicious jams, Norwegian baths and more... With Chef Nicolas Cristoforetti and Maitre De Maison, Tiphaine Brossier at Chateau de Sacy**