



SPA *éch(h)o*  
SPA TREATMENTS MENU

# *EFFERVESCENCE RANGE (facial treatments)*

Radiant treatments enriched with precious stones, anti-aging and regenerating for glowing, revitalized skin.

<b>Absolute Effervescence</b>	<b>90 min</b>	<b>160.00 €</b>
A revitalising, anti-ageing treatment for regenerated, radiant skin.		
<b>Precious Effervescence</b>	<b>90 min</b>	<b>150.00 €</b>
An anti-wrinkle and moisturising treatment for a radiant complexion.		
<b>Pearl Effervescence</b>	<b>90 min</b>	<b>145.00 €</b>
A targeted treatment to combat dark spots and even out the complexion.		
<b>Satiny Effervescence</b>	<b>90 min</b>	<b>140.00 €</b>
Refined anti-aging treatment for a luminous, smooth, and radiant complexion.		
<b>Velvety Effervescence</b>	<b>75 min</b>	<b>120.00 €</b>
Gentle, moisturising skincare products, ideal for deeply nourishing the skin.		
<b>Light Effervescence</b>	<b>75 min</b>	<b>120.00 €</b>
A treatment for combination skin that restores balance and radiance.		
<b>Sweet Effervescence</b>	<b>75 min</b>	<b>120.00 €</b>
A soothing, moisturising treatment for sensitive skin.		

# *NECTAR MINERAL RANGE (facial treatments)*

Energetic treatments with precious stones to nourish and revitalise the skin.

<b>Jade Nectar</b>	<b>30 min</b>	<b>70.00 €</b>
Moisturising skincare products adapted to dry skin, providing softness and radiance.		
<b>Ruby Nectar</b>	<b>30 min</b>	<b>70.00 €</b>
A balancing, smoothing treatment for combination skin.		
<b>Sapphire Nectar</b>	<b>30 min</b>	<b>70.00 €</b>
Soothing skin care for sensitive skin.		
<b>Tourmaline Nectar</b>	<b>30 min</b>	<b>70.00 €</b>
A regenerating, anti-ageing treatment for mature skin.		

# *ENERGETIC MASSAGES*

Deep, restorative massages using precious and semi-precious stones for total relaxation.

<b>Face</b>	<b>25 min</b>	<b>65.00 €</b>
<b>Body</b>	<b>50 min</b>	<b>125.00 €</b>
<b>Body &amp; Face</b>	<b>80 min</b>	<b>175.00 €</b>

# *INTUITIVE MASSAGES*

Made-to-measure massages, where every gesture is tailored to the needs of the body and mind. Choose the oil and the pressure, and let the treatment be personalised according to your desires.

<b>Intuitive massages </b>	<b>25 min</b>	<b>65.00 €</b>
<b>Intuitive massages </b>	<b>50 min</b>	<b>120.00 €</b>
<b>Intuitive massages </b>	<b>80 min</b>	<b>155.00 €</b>

## SCRUBS

Revitalise your skin with our gentle, energising scrubs, tailored to your needs.

<b>Lumière Scrub with mother-of-pearl</b>	<b>30 min</b>	<b>55.00 €</b>
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<b>Energetic with a burst of mango</b>	<b>30 min</b>	<b>55.00 €</b>
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## GEMSTONE SCRUBS

A mineral ritual combining radiance, energy and well-being. Targeted treatments to sublimate the skin and relieve tension

<b>Relaxing and anti-stress Peridot salts</b>	<b>30 min</b>	<b>65.00 €</b>
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<b>Anti-ageing and smoothing Ruby salts</b>	<b>30 min</b>	<b>65.00 €</b>
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<b>Slimming and firming sapphire salts</b>	<b>30 min</b>	<b>65.00 €</b>
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## MILLÉSIMES RITUALS

Regenerating, energizing and detoxifying treatments for total well-being.

<b>Rotorua Volcano Mineralizing Care</b>	<b>75 min</b>	<b>165.00 €</b>
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Anti-stress, anti-fatigue, for an immediate revitalizing effect.

<b>Slimming Tea and Cocoa Bean Care</b>	<b>75 min</b>	<b>165.00 €</b>
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Draining and detoxifying, for a reshaped figure.

<b>Rose Garnet Mineral Care</b>	<b>75 min</b>	<b>165.00 €</b>
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Regenerating, moisturizing, smoothing and brightening.

<b>Mint and Horsetail Toning Body Pack</b>	<b>60 min</b>	<b>145.00 €</b>
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Soothing care for sensitive skin.

## *WELLNESS AREA (external customers)*

Enjoy our wellness area without having booked a massage.

<b>Nordic baths, sauna, relaxation area</b>	<b>30 min</b>	<b>40.00 €*</b>
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<b>Nordic baths, sauna, relaxation area</b>	<b>60 min</b>	<b>80.00 €*</b>
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\*price per person

## *WELL-BEING AREA (hotel customers)*

Take advantage of our wellness and fitness centre, at no extra charge and subject to availability.

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